

# Food Allergy Awareness

May, 2020

***Montclair* Contains: Courage**

## **Buzz Aldrin Middle School and the Start with Hello Program, acknowledge that *Living with Food Allergies does take Courage***

**Start with Hello's** mission is to provide students and staff opportunities to support each other in order to promote a positive school culture.

*This means;*

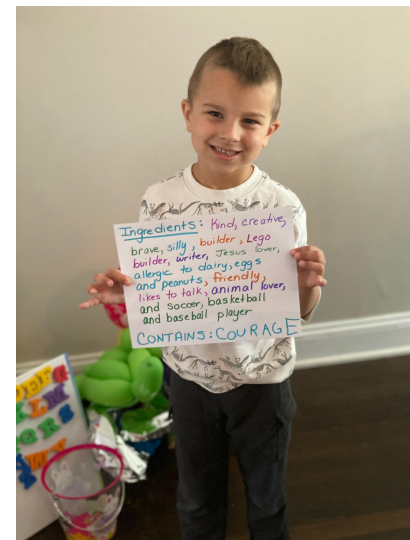
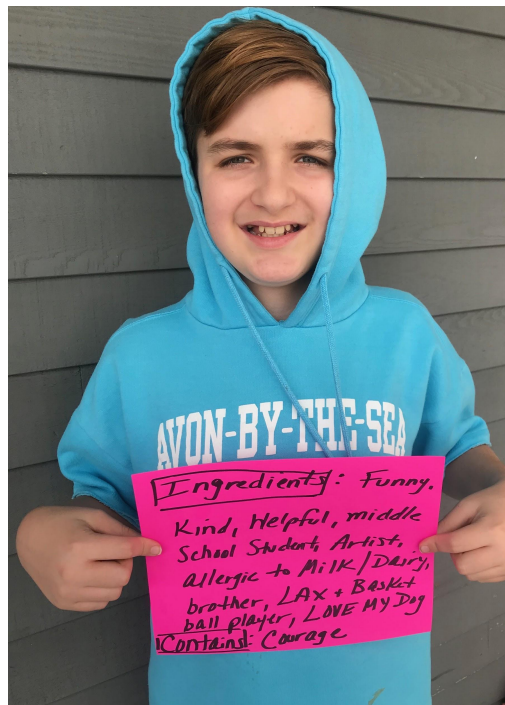
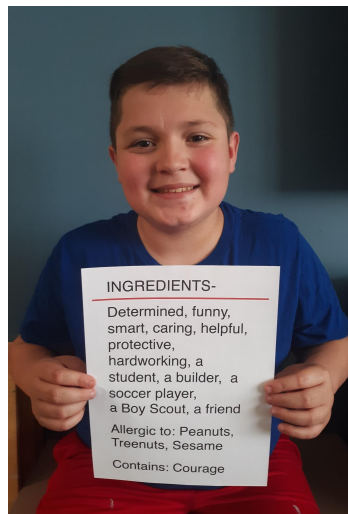
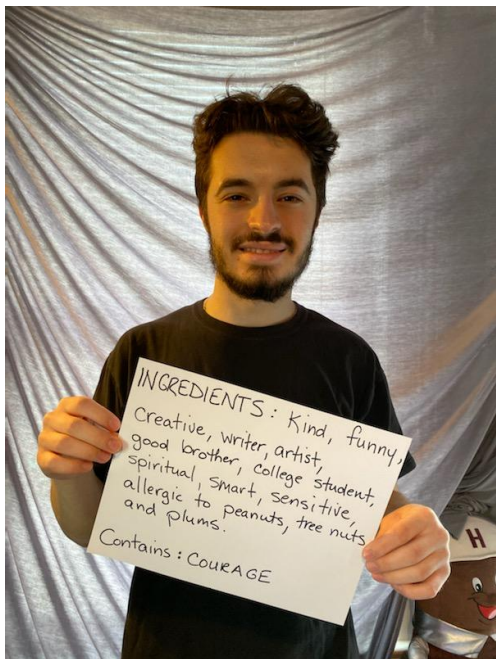
- we feel connected and included
- we perform better in our duties and our studies
- we thrive because we feel loved and supported

*The Connection.....*

**Food Allergies; isolate, intimidate and humiliate..... *but only if we let them.***

The **FIRST STEP** *is* Education..... Understanding and awareness can make a world of difference.

# We Are More than our Food Allergies



# Montclair Students, and Alumni, shine a light on Food Allergies

## Some facts about Food Allergies.....

- They affect 1 in 13 children in America (that's 2 in every classroom), and 1 in 10 adults.
- They don't discriminate against age, race, ethnicity, class or gender. ]
- About 1 in 3 children with food allergies reports being bullied as a result
- They are a silent disability as they are not visible, but they are life altering for anyone who has them.
- Currently, there is no cure for food allergies.
- They can end a life in a matter of minutes.